



Fridges Pricelist

Please use the list below as a guideline, but we cannot guarantee price or availability.

All prices in £ Sterling.

Updated 19-Sep-11

Average of Price		
Category	Product Name	Total
Fridges	Alfalfa Sprouts & Broccoli Aconbury 115G	0.98
	Alfalfa Sprouts Aconbury 115G	0.79
	Alfalfa Sprouts Sky Sprouts Organic 100G	0.79
	Almond Tofu Kato Organic 180G	1.89
	Apple & Blueberry Chilled Organic Organic 1Litre	2.56
	Apple & Cranberry Cranberry Grovesfresh Organic Organic 1Litre	2.89
	Apple & Mango Juice Grovesfresh Organic Organic 1Litre	2.89
	Apple Beetroot Beetroot Cawston 1Litre	1.79
	Apple Blackcurrant Blackcurrant Cawston 1Litre	1.79
	Apple Carrot Cawston 1Litre	1.79
	Apple Elderflower Elderflower Cawston 1Litre	1.79
	Apple Ginger Cawston Juice 1Litre	1.79
	Apple Juice Chilled Organic Organic 1.75 Litre	3.99
	Apple Juice Grovesfresh Organic Organic 1Litre	2.69
	Apple Juice Plain 250G	0.89
	Apple Juice Suma Organic Organic 5 Litre	28.49
	Apple Pear Bcurrant Blackcurrant Grovesfresh Organic 1Litre	2.89
	Apple Rhubarb Rhubarb Cawston 1Litre	1.79
	Apricot Laura'S Idea 230G	2.36
	Artichoke Dip San Amvrosia 228G	2.79
	Ballini Provencale Organic 250G	2.99
	Basil Tofu Kato Organic 200G	1.89
	Basil Tofu Taifun Organic 200G	2.25
	Beany Burger Fennel Dragonfly Organic 100G	1.99
	Beany Burger Mushroom Dragonfly Organic 100G	1.99
	Beany Burger Nut Dragonfly Organic 100G	1.99
	Beany Burger Olive Dragonfly Organic 100G	1.99
	Beany Burger Smokey Dragonfly Organic 100G	1.99
	Beany Burger Tomato Dragonfly Organic 100G	1.99
	Beany Burgers Dragonfly Organic 100G	1.99
	Beany Feast Laura'S Idea 500G	3.39
	Beetroot Walnut Organic 180G	1.59
	Berry Dessert Laura'S Idea 300G	2.39
	Bio Nuts Hazelnut Organic 200G	2.09
	Bratwurst Kato Organic 200G	2.45
	Breakfast Juice Grovesfresh Organic Organic 1Litre	2.89
	Breakfast Vegan CrunchyLaura'S Idea 250G	2.39
	Breakfast Vegan StrawberryLaura'S Idea 250G	2.39
	Burrito	1.99
	Calzone	1.79
	Calzone Forest Foods Organic	1.69
	Calzone Laura'S Idea 250G	2.25
	Calzone Spicy Lentil	1.85
	Calzone Tomato Olive	1.85
	Carrot Juice Vitaverde Organic 750MI	1.99
	Cheesecake TofuLaura'S Idea 250G	2.39
	Cheezly 190G	1.89
	Chick Pea Salad Laura'S Idea 300G	2.39
	Chickpea Sprouts Sprouts Aconbury 115G	0.79

Fridges	Chilli Garlic Dip Peppers Dip Chat Moss 130G	2.05
	Chocolate Hunkey Punky Ice Cream Organic 110ML	1.35
	Chocolate Hunkey Punky Ice Cream Organic 500ML	3.99
	Classic Organic Organic 280G	1.25
	Classic Slices Topas Organic 100G	2.09
	Clive'S Pastry Rough Puff Organic 300G	1.80
	Clive'S Pasty Curry Cauli Organic	2.05
	Clive'S Pasty Veg&Chilli Organic	2.05
	Clive'S Pies Aloo Gobi Organic	2.55
	Clive'S Pies Aloo Matar Organic	2.39
	Clive'S Pies Chickpea Organic	2.39
	Clive'S Pies Chilli Organic	2.55
	Clive'S Pies Gluten-Free Various Organic	2.55
	Clive'S Pies Goulash Organic	2.39
	Clive'S Pies Mexican Chilli Organic	2.09
	Clive'S Pies Minty Chickpea Organic 200G	2.55
	Clive'S Pies Mushroom Organic	2.39
	Clive'S Pies Various Organic	2.39
	Clives Soysage Roll Organic	1.19
	Coconut Hullabaloo Ice Cream Organic 500ML	4.69
	Coleslaw Organic 250G	0.75
	Coleslaw Sweet Brown Organic 213G	2.99
	Coleslaw Unicorn 250G	0.98
	Coleslaw With Seeds Organic 250G	0.75
	Coriander Dip Lemongrass Chat Moss 130G	2.05
	Cream Cheese Provamel Soya 120G	1.22
	Dark Truffle X2 Booja Booja Organic 25G	1.59
	Dark Truffle X8 Booja Booja Organic 100G	5.69
	Deep Fried Tofu Tofu Dragonfly Organic 200G	1.99
	Dolmades Delphi 5 Stuffed Vine Leaves 150G	1.42
	Energy Mini Burger Burger Organic 250G	2.99
	Fairtrade Nut Cutlet Goodlife Organic Organic X4	1.85
	Falafel Food For Freedom Organic 100G	1.99
	Falafel Kato Organic 200G	2.19
	Falafel Organic 250G	3.19
	Falafel With Tofu Kato Organic 200G	1.99
	Finger Style Redwood 215G	2.69
	Frankfurter Kato Organic 200G	2.45
	French Cusinees Easy Bean 500G	2.99
	Fresh Dulse 100G	2.99
	Fresh Nori 100G	2.99
	Fresh Soup Leek And Potato Organic 500G	2.59
	Fresh Soup Lentil Vegetable Organic 500G	2.69
	Fresh Soup Minestrone Organic 500G	2.69
	Fresh Soup Spicy Carrot Organic 500G	2.59
	Fresh Soup Spicy Tomato Organic 500G	2.29
	Fresh Soup Tomato & Orange Organic 500G	2.59
	Fresh Tofu Senya 300G	1.55
	Fresh Yeast Rapunzel Organic 42G	0.90
	Fridge Cake Various Organic 84G	0.99
	Fruity Falafel Burger Goodlife Organic Organic X4	1.89
	Fry Up Fillet Kato Organic 200G	2.59
	Garlic Cheezy Sojami Organic 125G	2.09
	Ginger Feisty Wingin Ice Cream Organic 500ML	4.69
	Gnocchi Organic 400G	2.49
	Grapefruit Juice Chilled Organic 1Litre	2.79

Fridges	Grill Sausages Organic Organic 250G	2.99
	Haggis Large 680G	4.49
	Haggis Medium 454G	3.89
	Haggis Small 225G	1.99
	Herb Grill Sausage Sausage Large Organic 300G	3.45
	Herb Sausages Organic Organic 250G	2.99
	Herb Spread Bombe 200G	1.52
	Herb Tofu Organic Organic 280G	1.25
	Horse Radish Demeter Organic 125G	2.28
	Hot Houmous Chat Moss Jalapeno 100G	1.05
	Houmous Avocado 228G	1.75
	Houmous Classic Clive'S Organic 200G	1.89
	Houmous Organic 170G	1.85
	Houmous Red Pepper 228G	1.75
	Houmous San Amvrosia 228G	1.55
	Houmous San Amvrosia 340G	2.09
	Houmous San Amvrosia Organic 340G	3.09
	Houmous With Pumpkin Seeds Organic 170G	1.95
	Houmous Tomato & Olives San Amvrosia Organic 170G	2.25
	Innocent Smoothie Blackberry & Blueberry 250ML	1.75
	Innocent Smoothie Strawberry & Banana 250ML	1.75
	Juice Cranberry & Apple Organic 1Litre	2.59
	Knacker Devil Hobbit Organic 250G	2.59
	Knackies Kato Organic 200G	2.45
	Lemon Coriander Corinader Clive'S Organic 200G	1.99
	Lentil Special Laura'S Idea 500G	3.39
	Lucky Stars Organic Organic 250G	2.99
	Mango Curry Snack Balls Kato Organic 200G	2.49
	Maple Pecan Pompompous Ice Cream Organic 500ML	5.45
	Margarine Biona Organic 250G	1.39
	Margarine Biona Organic 500G	2.29
	Margarine Pure 500G	1.59
	Margarine Sunflower 2Kg	5.29
	Margarine Sunflower Suma 500G	1.39
	Mashed Beans Rico 210G	1.89
	Mexican Burger Burger Paul'S Organic	1.89
	Mini Haggis Vegetable 88G	4.99
	Mini Spring Rolls Organic Organic 200G	2.89
	Mini Wiener Tofu Organic 160G	2.25
	Miso All Flavours Organic 240G	3.49
	Miso Field Bean & Barley Organic 240G	3.49
	Miso Ginger Relish Organic 240G	3.49
	Miso Hemp Organic 240G	3.49
	Miso Mellow Barley Organic 240G	3.49
	Miso Mellow Brown Organic 240G	3.49
	Mixed Bean Sky Sprouts Organic 227G	0.89
	Mixed Bean Sprouts Aconbury Organic 282G	0.89
	Muffin Soya Senya 120G	0.89
	Multi Sprouts Sky Sprouts Organic 100G	1.29
	Mung Bean Sky Sprouts Organic 250G	0.79
Mung Bean Sprouts Aconbury Organic 230G	0.79	
Mushroom & Tofu Pie Tofu Pie Pauls Organic	1.39	
Mushroom Bombe Bombe 200G	1.69	
Natural Tofu Kato Organic 250G	1.25	
Natural Tofu Kato Organic 400G	1.79	
Nut Mushroom Flan Saker	1.58	

Fridges	Nut Roast Beany Organic 500G	4.99
	Nut Roast Garlic Herb Forest Foods 250G	3.15
	Nut Roast Paul'S Bakery Organic 400G	8.99
	Nut Roast Sage & Tomato Forest Foods 250G	3.15
	Olive Sampler Diddy Olives Et Al 150G	7.35
	Olive Sampler Double Olives Et Al 260G	7.35
	Olive Sampler Triple Olives Et Al 260G	10.18
	Olive Spread Suma 500MI	1.59
	Olives In Jar Various 800G	9.49
	Orange Juice Chilled Organic Organic 1.75 Litre	3.99
	Orange Juice Grovafresh Organic Organic 1Litre	2.69
	Organic Tempeh Paul'S Organic 250G	1.89
	Pancake Apple & Sultana Laura'S Idea 200G	2.25
	Pancake Tofu & Spinach Laura'S Idea 250G	2.25
	Paprika Tofu Kato Organic 250G	1.89
	Paté Mushroom Organic 180G	1.99
	Pate W/ Olives Sojami Organic 125G	2.09
	Pauls Tofu Price On Packet Organic 100G +/-	0.99
	Peanut Tofu Kato Organic 200G	1.89
	Potato Salad Organic 250G	0.89
	Pusta Wiener Organic 300G	2.99
	Quinoa Salad Laura'S Idea 300G	2.39
	Rainbow Salad Laura'S Idea 300G	2.39
	Ravioli Large Organic 250G	3.35
	Rice Pudding Laura'S Idea 250G	2.39
	Salami Slices Topas Organic 100G	2.09
	Salsa Hot Rico 175G	1.85
	Salsa Medium Rico 70G	0.50
	Salsa Mild Rico 175G	1.85
	Sango Radish Sprouts Aconbury 115G	0.89
	Sauerkraut Organic Organic 500G	0.89
	Sausages Vegi Deli 295G	2.19
	Scheeze Various Flavours 227G	2.25
	Sea Lettuce 100G	2.99
	Sea Spaghetti 100G	2.99
	Seaweed Salad Laura'S Idea 300G	2.39
	Seitan Fillets Kato Organic 200G	3.05
	Seitan Slices Organic 180G	2.09
	Silken Tofu Taifun Organic 400G	2.59
	Smoked Slices Topas Organic 100G	2.09
	Smoked Tofu Kato Organic 200G	1.89
	Smoothie Stute Stute All Flavours 250MI	0.69
	Smoothies By Innocent 250MI	1.75
	Soba Noodle Laura'S Idea 300G	2.39
	Soma Smoothie Blackberry & Blueberry Organic 250MI	1.75
	Soma Smoothie Fruit Roots Organic 250MI	1.75
	Soma Smoothies Rasp & Blackby Organic 250MI	1.75
	Soya Burger With Oats Organic 200G	1.99
	Soya Spread Suma 500MI	1.39
	Soysage Dragonfly Organic 100G	1.99
	Spacebar Chorizo Topas Organic 40G	1.05
	Spacebar Hemp Topas Organic 40G	1.05
	Spicy Bean Dip San Amvrosia 228G	1.45
	Spicy Bean Pounder Goodlife Organic Organic X4	1.89
	Spicy Burger Kato Organic 200G	1.99
	Spinach Lentil Grills Goodlife Organic Organic X2	1.85

Fridges	Spread Broccoli Organic 170G	1.79
	Spread Mexicano Tofu Organic 170G	1.79
	Spread Red Pesto Tofu Organic 170G	1.89
	Spread Seaweed Tofu Organic 200G	1.79
	Spread Tofu Pesto Organic 200G	1.79
	Spread Tzatziki (Cucumber) Organic 200G	1.79
	Spring Rolls Kato Organic 195G	2.69
	Spring Rolls Organic Organic 220G	2.89
	Sprouting Salad Salad Laura'S Idea 260G	2.39
	Sunball Laura'S Idea	1.40
	Sunflower Spread Suma Organic 500G	1.79
	Sushi Vegetarian Laura'S Idea 200G	2.19
	Tahini Dip San Amvrosia 142G	1.25
	Tamruc Falafel - Falafel - Dates Raisin Organic 250G	3.19
	Tapas Del Sol Florentin Organic 150G	2.95
	Tasty Houmous Chat Moss Lemon & Cori 100G	1.05
	Tatty Bubble & Squeak Dragonfly Organic 100G	1.99
	Tempeh Bbq Organic 120G	1.75
	Tempeh De Hobbit Organic 200G	2.05
	Tempeh Oasis Organic 120G	1.69
	Tempeh Pesto De Hobbitt Organic 200G	2.39
	Tempeh Provencal De Hobbitt Organic 200G	2.39
	Tempeh Smoked Food For Freedom Organic 180G	2.15
	Tofu Almond And Sesame Organic Organic 200G	2.49
	Tofu Balls Harissa Organic 150G	2.49
	Tofu Balls Salsa Organic 150G	2.49
	Tofu Fillets Japanese Organic 180G	2.09
	Tofu Fillets Pizza Organic 160G	1.89
	Tofu Marinated Agé Organic 190G	1.59
	Tofu Marinated Oasis Organic 200G	1.75
	Tofu Medium Dragonfly Organic 250G	1.99
	Tofu Mince Organic 200G	1.89
	Tofu Nut Burgers Burgers Paul'S Organic X2	1.89
	Tofu Olive Organic Organic 200G	2.25
	Tofu Organic Organic 280G	1.39
	Tofu Organic Organic 450G	2.09
	Tofu Passion Laura'S Idea 250G	2.39
	Tofu Rosso Organic Organic 200G	2.25
	Tofu Seacakes Organic Organic X2	1.39
	Tofu Sesame Burger Burger Organic Organic X2	1.35
	Tofu Slivers Eastern Spice Organic 200G	1.99
	Tofu Slivers Light Spice Organic 200G	1.99
	Tofu Smoked Dehobbit Organic 220G	1.79
	Tofu Smoked Oasis Organic 200G	1.65
	Tofu Smokey Organic Organic 225G	1.85
	Tofu Taifun Demeter Organic Organic 300G	2.45
	Tofu Verde Organic Organic 250G	1.79
	Tofu Wiener Organic 300G	3.29
	Tomato & Olive Snack Balls Kato Organic 200G	2.49
	Tomato Basil Dip Chilli Dip Chat Moss 130G	2.05
	Tomato Pepper Salsa Salsa Clive'S Organic 200G	2.09
	Tortellini Spelt Organic 250G	2.25
	Tortellini Tri-Colore Organic 250G	2.09
	Unicorn Pate 200G	1.78
	Vanilla Keep Smiling Ice Cream Organic 500MI	4.69
	Veg Curry Laura'S Idea 500G	3.39

Fridges	Veg Juice Vitaverde Organic 750MI	2.29
	Veg Nut Roast Goodlife Organic Organic X2	1.85
	Veg Suet Non Hydrogenated 250G	1.19
	Vegerella Cheese Cheddar Organic 170G	1.39
	Vegerella Cheese Italian Organic 170G	1.39
	Vegetable Burger Goodlife Organic Organic X4	1.89
	Vegetable Roast Beany Organic 500G	4.99
	Wild Garlic Tofu Kato Organic 250G	1.89
	Yofu Live Yoghurt Organic Yoghurt Provamel Organic 500G	1.29
	Yoghurt Live Soya Organic 250G	0.75
	Yoghurt Sojade Organic 400G	1.29